

## Terms and Conditions For Appointments

It is with great sadness that with all the legislation out in the world it has become necessary to say the following:

The information shared in any appointment are the opinions of Liliás Ahmeira, it is intended as a sharing of knowledge and information from the research and experience of Liliás Ahmeira. Liliás Ahmeira does not claim to diagnose, treat, any medical conditions.

You are encouraged to make your own health care decisions based upon your own research and in partnership with a qualified health care professional. Any information shared is not intended to replace a one to one relationship with a medically qualified professional. Decisions taken regarding your health are solely your responsibility.

Liliás runs a strict 24 hour cancellation policy for online appointments and a 48 hour cancellation policy face to face appointments due to travel arrangements. Any appointments, which are changed or missed without the appropriate notice, will be charged in full.

50% of your consultation fee will be charged at the time of acceptance of your appointment as a deposit. The balance will be charged on the day of your appointment. Should you fail to attend your appointment or cancel without appropriate notice this amount is not refundable.

### Mitochondrial Therapy

Mitochondrial supplement formulas support the regulatory control systems that help to **build the body's natural strength and resistance.**

The degree of benefit obtainable from Mitochondrial supplements may vary between clients with similar health problems and following a similar program.

Heart Rate Variability (HRV) testing does not diagnose medical conditions. Mitochondrial Therapy supplementation does not treat medical conditions.

Skype consultations will be charged and paid for in advance and any further time spent during consultation will be invoiced accordingly.

You may take notes through out any consultation, indeed you are encouraged to do so. The recording of sound or images during the appointment, by any means whatsoever, is strictly forbidden without prior permission.

Whilst Liliás is always happy to hear from clients when they have queries after appointments, she reserves the right to charge for supplemental writing of e-

mails, letters, taking calls and further research. This will be charged on a pro rata time basis.

By agreeing to an appointment you have accepted and agree to be bound by these terms and conditions. Please sign and fill out below and e-mail back to Lillas Ahmeira

Print Name:

Signature:

Date: